

20-21

20-21

# Two Days District Level E-Workshop

on

## 'Physical and Mental Health of an Individual'

Organized by

IQAC of Birbhum Mahavidyalaya, Suri


On 30th and 31st July 2020

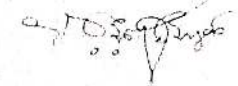
### E-Certificate


With great pleasure this is to certify that

Prof. Dr. Shyamal Mazumder, Principal(WBSES), Govt. Physical Education College for women Chinsurah, Hooghly, West Bengal, India has delivered a lecture as renowned speaker in the two days E-Workshop on "Physical and Mental health of an Individual" on 30th and 31st July, 2020.

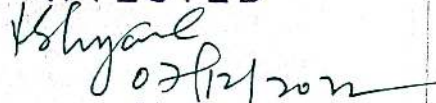
organized by IQAC, Birbhum Mahavidyalaya, Suri, Birbhum, West Bengal, India.

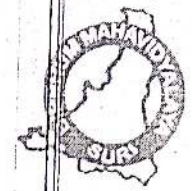
  
Chief Patron : Shri Malay Mukhopadhyay  
President,  
Birbhum Mahavidyalaya

  
Patron : Dr. P. S. Mukhopadhyay  
Principal,  
Birbhum Mahavidyalaya

  
Convener : Dr. Mahuya Saha  
Coordinator of IQAC,  
Birbhum Mahavidyalaya

ATTESTED

  
Principal  
Govt. Phy. Edu. College for Women  
Hooghly



THE UNIVERSITY OF BURDWAN

Extract from the minutes of the meeting of the Executive Council held on 14.08.2020

ITEM NO-104  
Any Other Matter  
Resolution

The council reconstituted the Ad-hoc Board of Post Graduate Studies in Physical Education of this University with the following members:

- i) The Dean, F.C. (Arts, Commerce, etc.), B.U.
- ii) Dr. Gopa Saha Roy, Associate Professor, Department of Physical Education, B.U.
- iii) Dr. Surajit Nandi, Sports Officer, B.U.
- iv) Dr. A.N.Dey, Director, SENSO, Salt Lake, Kolkata.
- v) Dr. Asim Bose, Retd. Professor & Principal, P.G.T.C.P.E., Banipur, North 24 Parganas.
- vi) Dr. Shyamal Mazumdar, Principal, WBCSES, GPECW, Hooghly & Member, E.C., B.U.
- vii) Dr. Madhab Chandra Ghosh, Professor, K.U.
- viii) Prof. Sudarsan Biswas, Sports Officer, Visva-Bharati University.
- ix) Dr. Sumanta Kumar Mondal, Professor, Visva-Bharati University, B.U.
- x) Dr. Sanjib Midhya, Professor, Jadavpur University.

Draft for approval

*sk*  
14.08.2020  
Registrar (Officiating) & Secretary  
Executive Council

Approved

*sk*  
14.08.2020  
Vice Chancellor & Chairman  
Executive Council

ATTESTED

*Shyamal*  
07/12/2020  
Principal  
Govt. Phy. Edu. College for Women  
Hooghly

*ANI*  
*R (Cont)*  
*sk*  
14.08.2020



Your special attention is invited to the following rules :

1. No question shall be set at any University Examination which would require an expression of religious belief on the part of the candidates.
2. Candidates shall give their answers in their own words as far as practicable in all subjects. This direction shall be written as a head note in every question-paper. Paper-setters are to write in the margin on the left hand side the Serial No. of questions and on the right hand side against each question the full marks assigned to it. If all the questions carry equal marks, it is to be stated accordingly at the top.
3. Paper-setters shall always allow some choice of questions and also indicate clearly on the top of the question paper how many questions are to be answered in all. The proportion of the questions to be answered to the total number of questions set in each paper should be roughly in the ratio of 6 to 10. Any question intended to be answered as a compulsory one should be prominently indicated in the question paper. The number of alternatives intended to be associated with a particular question should not ordinarily exceed one. Care should be taken to see that the alternatives are of comparable standard.
4. Persons setting papers shall be guided, as to the scope of the subject of examination, by the Syllabus prescribed for the purpose, and as to the standard and extent of knowledge required, by the books if any, recommended from time to time for such purpose.
5. The questions set for an examination will be such as will reasonably conform to the standard expected in respect of that examination and should be fairly and uniformly distributed over the whole course covered by that paper. There should not be any marked change of standard from year to year, but it is not required that the same type of questions should be set every year.
6. Maintaining the standard, the questions should be set in clear and unambiguous language so that the candidates may have no difficulty in appreciating their scope and purpose.
7. Questions should be framed in such a way as to test the student's intelligent grasp of broad principles and his/her power of intelligent presentation in literary subjects. Questions should be set to encourage good methods of work and teaching and discourage unintelligent memorizing and submission of readymade answers found in note-books.
8. Particular care should be taken to ensure that the candidates may have reasonable time to think over and to answer all questions within the allotted time leaving a fair margin for revision work.
9. In the case of subjects which naturally admit of a division into groups or branches, the question should be split up into the required number of groups and the candidates be asked to answer at least one question from each group. This will ensure a candidate's knowledge of the entire course and also give him/her the opportunity of choosing more questions from the group with which he/she may be particularly conversant.
10. No copy of manuscript of the question-paper is to be retained by the paper-setter and all relevant drafts, notes, etc., should be effectively destroyed.
11. The University shall appoint a Moderator or a Board of Moderators in each subject, wherever possible, who will moderate the question-papers in consultation with the Paper-setters, if necessary.

All correspondence in this connection should be addressed to the Controller of Examinations by name and marked confidential.

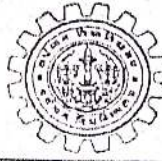
12/SBUP./2043B/2016/5000/Controller/Cont-2

ATTESTED

*Shyam*  
02/12/2022

Principal  
Govt. Phy. Edu. College for Women  
Hooghly

**The University of Burdwan**  
 Department of Inspector of Colleges  
 Rajbati, Burdwan- 713104  
 West Bengal



Tel Nos: +91-03-2-2624975 (Rajbati)  
 Fax: +91-0342-2634970  
 E-mail: [icb@univburdwan.org](mailto:icb@univburdwan.org)  
 Website: <http://www.univburdwan.org>

No IC/Expert(s)/CAS/P-43/ 20/2020

Date: 23/11/20

To  
 The Principal/Teacher-in-charge  
 Nishi Banga Sikshan Mahavidyalaya  
 P.O. Bishrupur Dist. Bankura

Sub: Subject Expert(s) of this University on the Selection Committee/Screening Committee for the purpose of Career Advancement of the teacher(s) of college(s) under the University of Burdwan in terms of New Regulation of U.G.C. 2010 and the relevant G.O. in this regard

Sir/Madam,

With reference to your letter No. 103/NBSM/2020 dated 13/10/2020, I am directed to inform you that the Hon'ble Vice-Chancellor has been pleased to nominate the following Subject Experts on the Selection Committee/Screening Committee for recommending Career Advancement of the concerned teachers of your college

| Sl No | Name of the Teacher     | Designation                   | Promotion sought              | Subject            | Name and Address of the Experts                                                                             |
|-------|-------------------------|-------------------------------|-------------------------------|--------------------|-------------------------------------------------------------------------------------------------------------|
| 1     | Dipliman Ghosh          | Assistant Professor (Stage-3) | Associate Professor (Stage-4) | History            | 1. Prof. Pradip Chattopadhyay, Dept. of History, B.U.<br>2. Prof. Malabika Roy, H.O.D. of History, B.U.     |
| 2     | Dr. Santanu Golui       | Assistant Professor (Stage-3) | Associate Professor (Stage-4) | Bengali            | 1. Prof. Sibabrata Chattopadhyay, Dept. of Bengali, B.U.<br>2. Prof. Uday Chand Das, Dept. of Bengali, B.U. |
| 3     | Dr. Nityananda Karmakar | Assistant Professor (Stage-3) | Associate Professor (Stage-4) | Physical Education | 1. Dr. Shyamal Mazumder, Principal, Govt. Physical Education College for Women, Chinsurah Hooghly           |

You are therefore requested to contact the Experts in this regard

Yours faithfully

Inspector of Colleges  
 Date: 23/11/20

**ATTESTED**

*Shyamal*

No IC/Expert(s)/CAS/P-43/ 20/2020  
 Copy forwarded for information to

1. Prof. Pradip Chattopadhyay, Dept. of History, B.U.
2. Prof. Malabika Roy, H.O.D. of History, B.U.
3. Prof. Sibabrata Chattopadhyay, Dept. of Bengali, B.U.
4. Prof. Uday Chand Das, Dept. of Bengali, B.U.
5. Shyamal Mazumder, Principal, Govt. Physical Education College for Women, Chinsurah Hooghly

Principal  
 Govt. Phy. Edu. College for Women  
 Hooghly

# NIKHIL BANGA SIKSHAN MAHAVIDYALAYA

(Govt. Aided B. Ed. & B. P. Ed. College)

NCTE RECOGNIZED : AAC ACCREDITED

P.O. Bishnupur : Dist - Bankura

Phone - (03244) 252001; 9434202242 ; website- nbsmahavidyalaya.org

No. F 103/NBSM/2021/24 (3)

Dated: February 18, 2021

To  
Dr. Shyamal Mazumder  
Principal, Govt. Physical Education College for Women  
Chinsurah, Hooghly

Sub : Meeting of Selection Committee

Respected Sir,

It is my pleasure to inform you that you have been nominated by Vice-Chancellor, Burdwan University as nominee for subject experts vide letter no. IC/Experts/AS/P-13/87 dated 23.11.2020 (copy enclosed) for selection committee constituted for the promotion of Dr. Nityananda Karmakar, Assistant Professor in Physical Education, Nikhil Banga Sikshan Mahavidyalaya, P.O. Bishnupur, Dist-Bankura from Assistant Professor (stage 3) to Associate Professor (stage 4) under Career Advance Scheme (CAS).

As per telephonic conversation the date has been fixed at 2<sup>nd</sup> March, 2021 on Tuesday at 12.00 AM at Guest House, Burdwan University, Burdwan.

Kindly make it convenient to attend the meeting and obliged.

Thanking you,

Yours faithfully

(Dr. Bhim Chandra Mondal)

Enclosure

3. As stated

ATTESTED

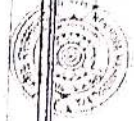
copy to (i) Krishpada Kundu, (ii) Office file 103, (iii) Office file  
Principal  
Govt. Phy. Edu. College for Women  
Hooghly

# RABINDRA MAHAVIDYALAYA

Affiliated to the University of Burdwan

Champadanga, Hooghly, West Bengal, Pin.- 712401

Estd. - 1971



NAAC (Cycle-2) Accredited B++ Institution

Ref. No...RM/409/21(CAS)/EXPERTS.

Date...05.01.2021

To,  
Dr. Shyamal Mazumdar  
Principal, Govt. Physical Education College for Women  
Chinsurah, Hooghly  
&  
Expert, Screening Committee

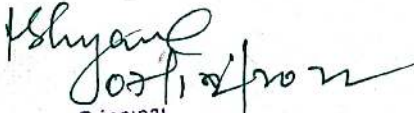
Sir,

Following the letter No. IC/Expert(s)/CAS/P-48/256 dated 09.10.2020 of the Inspector of Colleges, BU, you are hereby informed that being the Expert of the Screening Committee pertaining to CAS of Dr. Atanu Das, Assistant Professor of Physical Education of my College, please make yourself present on 08.01.2021, Friday at the DDE Campus, BU at 12.00 noon for the said purpose.

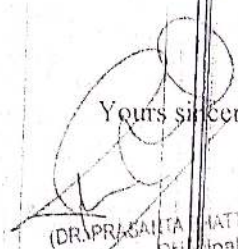
Hope you oblige us in this regard.

Thanking you

ATTESTED

  
Principal  
Govt. Phy. Edu. College for Women  
Hooghly

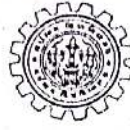
Yours sincerely

  
(DR) PRASANTIKA CHATTACHARYA  
Principal  
RABINDRA MAHAVIDYALAYA  
Champadanga, Hooghly (W.B.)

Confidential

# The University of Burdwan

Moderator



Rajbati, Burdwan

No.: C/ Apptt./Con./Mod/175(5)

Dated-22/06/2021

In reply please quote number  
and date of this letter

From : The Controller of Examinations  
The University of Burdwan  
Rajbati, Burdwan.  
To : Prof. Shyamal Mazumder, Principal,  
Govt. College of Phy. Edn. for Women, Hooghly.

Dear Sir/Madam,

I am directed to state that you have been appointed a Board of Moderators for the **M.P.Ed. Semester – II & IV Examination, 2021 in All Papers.**

In this connection your attention is invited to the following points:

- 1.It shall be the duty of the members of the Board of Moderators to see the rules, regulations and instructions are strictly complied with.
- 2.Moderators shall see that the questions set are from within the limits of the prescribed syllabus and text books, if any. If necessary, each question paper may be moderated in consultation with the paper setter concerned.
- 3.Instructions issued to the paper-setters may be seen on the reverse of this letter for guidance.
- 4.Each paper is to be signed by the moderators after moderation. No manuscript of or notes on the questions moderated be taken/retained by any moderator.

After moderation, the Board will kindly send a report to the Controller of Examinations given its views on the quality of questions set in reference to the following points:

(i) Whether the questions set by the paper-setters conformed to the Regulations and to the special instructions issued.

(ii) Whether these were within the limits of the syllabuses of studies prescribed.

(iii) Whether any sharp variation from the previous years' standard was noticed in the paper(s).

If any of your near relation or a student privately coached by you is appearing at the examination for which you are a moderator, kindly decline this offer showing reason.

I shall be glad if you will kindly inform this office at your earliest convenience whether you are willing to accept the appointment or not.

The date fixed for moderation will be intimated to you in due course.

Yours faithfully,

Anindya Zoti Pal

Controller of Examinations

[Please detach the following letter-form and return it duly filled in and signed to the Controller of Examinations in a confidential sealed cover.]

To:  
The Controller of Examinations  
The University of Burdwan  
Dear Sir,

Confidential  
Moderator

**ATTESTED**

Reference : Your letter No. C/...../Con./Mod, dated .....

I am willing to act as a Moderator in ..... for the ..... Examination, ..... and

shall abide by all rules and instructions in the connection.

Neither any near relation of mine nor any student privately coached by me is a candidate for this examination.

Yours faithfully,

Signature in full .....

Principal  
Govt. Phy. Edu. College for Women  
Hooghly







The University of Burdwan  
Department of Controller of Examinations  
Rajbati, Burdwan.

C/Appt./Pract./B.P. 22/2570

Burdwan, Dated: 26.03.2021

From : The Controller of Examinations  
The University of Burdwan  
Rajbati, Burdwan

To : Prof. B. Chowdhury

Sir / Madam,  
I am directed to inform you that you have been appointed a member of the Board of Examiners relating to B.P. Ed. Sem-I. Practical Exam 2020 in Paper- PC-107.

The examination is scheduled to be held on \_\_\_\_\_ from \_\_\_\_\_ at the Department of \_\_\_\_\_ The University of Burdwan, Golapbag, Burdwan-7 3104.

For obtaining other details of Examination and necessary instructions if any you are requested to contact with the Head of the Department of \_\_\_\_\_, The University of Burdwan, Golapbag, Burdwan-713104.

Looking forward to your kind co-operation.

Yours Faithfully,

*A.P.*  
Dy. Controller of Examinations

C/Appt./Pract./

Burdwan, Dated: / /201

Copy forwarded to : 1. Superintendent, Spot Payment Section, Finance Department.

ATTESTED

*K. Shyam*  
07/12/2020

Dy. Controller of Examinations

T.A./D.A. WILL BE PAID AS PER UNIVERSITY RULES

Principal,  
Govt. Phy. Edu. College for Women,  
Hooghly

Phone (IPABX) : (0342) 2634975 Extn. (240,266-243) Fax: (91)-0342-2533262. Grant: BURDSTY  
Visit us at www.burduniv.ac.in / Other See/Appt.doc



The University of Burdwan  
Department of Controller of Examinations  
Rajbati, Burdwan.

C/Apptd/Prcet/13 P 26/2520

Burdwan, Dated: 26.03.2021

From: The Controller of Examinations  
The University of Burdwan  
Rajbati, Burdwan

To: Prof. B. Chowdhury

Sir / Madam,  
I am directed to inform you that you have been appointed a member of the Board of Examiners relating to B. Ed. Part I. Bachelors Exam 2020 in Paper PC 107.

The examination is scheduled to be held on \_\_\_\_\_ from \_\_\_\_\_ at the Department of \_\_\_\_\_ The University of Burdwan, Golapbag, Burdwan-713104.

For obtaining other details of Examination and necessary instructions if any you are requested to contact with the Head of the Department of \_\_\_\_\_ The University of Burdwan, Golapbag, Burdwan-713104.

Looking forward to your kind co-operation.

Yours faithfully,  
[Signature]  
Controller of Examinations

C/Apptd/Prcet/ \_\_\_\_\_ Burdwan, Dated: \_\_\_\_\_ / \_\_\_\_\_ / 2021

Copy forwarded to : 1. Superintendent, Spot Payment Section, Finance Department

[Signature]  
Pr. Controller of Examinations

T.A/D.A. WILL BE PAID AS PER UNIVERSITY RULES

Tel. Nos. (URABX) : (0343) 2632975 Extn-(240-266-218) Fax: (91) 0343-2633202 Gmail: BURDWAN  
Visit us at [www.burdwanuniv.ac.in](http://www.burdwanuniv.ac.in) / Office Sec/Apptd.doc

ATTESTED

[Signature]  
07/12/2020

Principal  
Govt. Pny. Edu. College for Women  
Hooghly

# COOCH BEHAR PANCHANAN BARMA UNIVERSITY

Vivekananda Street, Cooch Behar- 736101  
Ph. No--(03582) 230111

Email:coo.cbpbu@gmail.com

CONFIDENTIAL  
Registered

Date: 13/02/2020



Ref No: CBPBU/CE/B.P.Ed. /2<sup>nd</sup> Semester /PS/07/2020

To  
Dr. Biplob Chowdhury  
Department of Physical Education  
Govt. Phy. Edu. College for women, Hooghly

Dear Sir

I am directed to inform you that you have been appointed as a Paper-setter for **Physical Education Paper-EC-201** for the **B.P.Ed. 2<sup>nd</sup> Semester Examination of 2020**. You are requested to inform this office at your earliest convenience whether you accept or decline the appointment.

Your appointment is subject to the condition that neither any of your near relations nor any candidate privately coached by you is appearing at the Examination in the paper. If he/she is, then you will kindly decline through email within **2 (two) days** of the receipt of the appointment letter.

A set of instructions for the guidance of the paper-setter is attached. You will kindly go through the syllabus and set a question paper for an Examination of **03 hours** duration. Please download and take print of the proforma for settings question paper and add necessary printing and other charges with your remuneration bill. Please mention the **Subject**, Part or Semester (e.g. **Semester-II or Semester-IV or Semester-VI**), Course (e.g. **Honours/Programme**) Paper Code (e.g. ....or ..... etc.), and Set Number (e.g. **SET I or SET-II**) on the inner envelope.

It is absolutely necessary that the question paper should be received by the office of the Controller of Examination, CBPBU on or before **20/02/2020** as otherwise it will not be possible to hold the examination in time.

The paper set by you should be sent with a certificate from your end that the paper conforms to the prescribed conditions and does not involve a material variation from the average standard. You are also to assign in writing the copy-right of the questions to the University. A form of declaration for this purpose is attached which after being duly filled in be sent in the envelope marking as 'C'. You will also please give declaration on the envelope marking as 'A' that you have destroyed all drafts, notes etc, of the question set and retained no copy of the paper.

If the questions set by you require the use of any materials such as graph paper, log tables or anything else which should be provided to the students at the time of examination, then please attach a note to the paper drawing the attention of this office in this regard.

You will be paid as per rule for setting the question paper.

Yours faithfully,

Controller of Examination

Attachments:

1. Form of acceptance .
2. Instructions for the guidance of the paper-setter.
3. Form of declaration.
4. Specimen question paper.
5. Remuneration bill form
6. A copy of syllabus.

ATTESTED

07/02/2020  
Principal  
Govt. Phy. Edu. College for Women  
Hooghly



# COOCH BEHAR PANCHANAN BARMA UNIVERSITY

Vivekananda Street, Cooch Behar- 736101  
Ph. No--(03582) 230111

Email:coe.cbpbu@gmail.com

CONFIDENTIAL  
Registered

Date: 13/02/2020



Ref No: CBPBU/CE/B.P.Ed. /4<sup>th</sup> Semester /PS/05/2020

To  
Dr. Biplob Chowdhury  
Department of Physical Education  
Govt. Phy. Edu. College for women, Hoogly

Dear Sir/Madam

I am directed to inform you that you have been appointed as a Paper-setter for **Physical Education Paper-CC-403** for the **B.P.Ed. 4<sup>th</sup> Semester Examination of 2020**. You are requested to inform this office at your earliest convenience whether you accept or decline the appointment.

Your appointment is subject to the condition that neither any of your near relations nor any candidate privately coached by you is appearing at the Examination in the paper. If he/she is, then you will kindly decline through email within **2 (two) days** of the receipt of the appointment letter.

A set of instructions for the guidance of the paper-setter is attached. You will kindly go through the syllabus and set a question paper for an Examination of **03 hours** duration. Please download and take print of the proforma for settings question paper and add necessary printing and other charges with your remuneration bill. Please mention the **Subject**, Part or Semester (e.g. **Semester-II or Semester-IV or Semester-VI**), Course (e.g. **Honours/Programme**) Paper Code (e.g. ....or ..... etc.), and Set Number (e.g. **SET I or SET-II**) on the inner envelope.

It is absolutely necessary that the question paper should be received by the office of the Controller of Examination, CBPBU on or before **20/02/2020** as otherwise it will not be possible to hold the examination in time.

The paper set by you should be sent with a certificate from your end that the paper conforms to the prescribed conditions and does not involve a material variation from the average standard. You are also to assign in writing the copy-right of the questions to the University. A form of declaration for this purpose is attached which after being duly filled in be sent in the envelope marking as 'C'. You will also please give declaration on the envelope marking as 'A' that you have destroyed all drafts, notes etc, of the question set and retained no copy of the paper.

If the questions set by you require the use of any materials such as graph paper, log tables or anything else which should be provided to the students at the time of examination, then please attach a note to the paper drawing the attention of this office in this regard.

You will be paid as per rule for setting the question paper.

Yours faithfully,

Controller of Examination

Attachments:

1. Form of acceptance .
2. Instructions for the guidance of the paper-setter.
3. Form of declaration.
4. Specimen question paper.
5. Remuneration bill form
6. A copy of syllabus.

ATTESTED

Principal  
Govt. Phy. Edu. College for Women  
Hoogly





Office of the Principal  
Jhargram Raj College  
Government of West Bengal

Jhargram 721507, West Bengal  
Jhargram 721507, West

Ph: 03221-255022/258700

[jhargramrajcollege@gmail.com](mailto:jhargramrajcollege@gmail.com)

Ref. No. JRC/VU/UG/Ann./Pt-3/Ex-2021/H& G/Ped-003

Dated: 19.4.2021

From: The Principal  
Jhargram Raj College  
Jhargram

To  
Smt. Girija Basu  
Assistant Professor  
Department of Physical Education  
Jhargram Raj College

Dear Sir/ Madam,

I would like to inform you that you have been appointed as **Examiner in Physical Education General Paper IV for the B.A/B.Sc./ B.Com. Part-III (Annual Pattern) Examination (H & G) 2021** of Vidyasagar University.

You are requested to note that the result of the examination and the marks awarded to candidates must be kept secret. The authorities desire that this direction should be strictly maintained.

Yours sincerely,

Principal  
Jhargram Raj College  
Jhargram

Name of the H.E:  
Prof. Girija Basu  
Assistant Professor  
Department of Physical Education

ATTESTED

Principal  
Govt. Phy. Edu. College for Women  
Hooghly

Ph :03221-258700; email: [principal@jrc.ac.in](mailto:principal@jrc.ac.in), [jhargramrajcollege@gmail.com](mailto:jhargramrajcollege@gmail.com)

<https://jrc.ac.in>





Office of the Principal  
Jhargram Raj College  
**Government of West Bengal**  
Jhargram 721507, West Bengal  
Jhargram 721507, West

Ph: 03221-255022/258700

[jhargramrajcollege@gmail.com](mailto:jhargramrajcollege@gmail.com)

Ref. No. JRC/VU/UG/Ann./Pt-3/Ex-2021/H& G/Ped-003

Dated: 19.4.2021

From:  
The Principal  
Jhargram Raj College  
Jhargram


To  
Smt. Girija Basu  
Assistant Professor  
Department of Physical Education  
Jhargram Raj College

Dear Sir/ Madam,

I would like to inform you that you have been appointed as Scrutineer in Physical Education General Paper IV for the B.A/B.Sc./ B.Com. Part-III (Annual Pattern) Examination (H & G) 2021 of Vidyasagar University.

You are requested to note that the result of the examination and the marks awarded to candidates must be kept secret. The authorities desire that this direction should be strictly maintained.

Yours sincerely,

  
Principal  
Jhargram Raj College  
Jhargram

Name of the H.E:  
Prof. Girija Basu  
Assistant Professor  
Department of Physical Education

ATTESTED

  
02/12/2021

Principal  
Govt. Phy. Edu. College for Women  
Hooghly

Ph :03221-258700; email: [principal@jrc.ac.in](mailto:principal@jrc.ac.in), [jhargramrajcollege@gmail.com](mailto:jhargramrajcollege@gmail.com)

<https://jrc.ac.in>



Ph.No.03221-255022/258700



GOVERNMENT OF WEST BENGAL  
Office of the Principal  
*Jhargram Raj College*  
JHARGRAM:: 721507

Ref. No. JRC/VU/UG/Sem.V/G/Ex2021/Ph.Edn./045, Dated: 18.3.2021

From: **The Principal**  
Jhargram Raj College  
Jhargram

To  
**Prof. Girija Basu**  
Assistant Professor  
Department of Physical Education  
Jhargram Raj College

Dear Sir/ Madam,

I would like to inform you that you have been appointed as an **Examiner (Paper DSE, GE, SEC)** and a **Scrutineer (Physical Education Paper DSE, GE, SEC)** in **Physical Education** for the **B.A/B.Sc./ B.Com. Semester V Examination (II & G) 2020** under Vidyasagar University.

You are requested to note that the result of the examination and the marks awarded to candidates must be kept secret. The authorities desire that this direction should be strictly maintained.

Name of the H.E.:  
Prof. Girija Basu  
Assistant Professor  
Department of Physical Education

Yours sincerely,

Principal  
Jhargram Raj College  
Jhargram

ATTESTED  
  
Principal  
Govt. Phy. Edu. College for Women  
Hooghly





GOVERNMENT OF WEST BENGAL  
Office of the Principal  
*Jhargram Raj College*  
JHARGRAM:: 721507

Ref. No. JRC/VU/UG/Sem.V/II/G/Ex2021/Phy.Edn/HE/010

Dated: 18.3.2021

From: The Principal  
Jhargram Raj College  
Jhargram

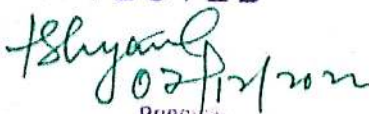
To  
PROF. GIRIJA BASU  
Associate Professor  
Department of Physical Education  
Jhargram Raj College

Dear Sir/ Madam,

I would like to inform you that you have been appointed as a Head Examiner (all papers, Honours and General) in Physical Education for the B.A/B.Sc./ B.Com. Semester V Examination (H&G) 2020 under Vidyasagar University.

You are requested to note that the result of the examination and the marks awarded to candidates must be kept secret. The authorities desire that this direction should be strictly maintained.

Yours sincerely,

ATTESTED  
  
Principal  
Govt. Phy. Edu. College for Women  
Hooghly



Principal  
Jhargram Raj College  
Jhargram



OFFICE OF THE PRINCIPAL  
GOVT. OF WEST BENGAL  
**STATE INSTITUTE OF PHYSICAL EDUCATION FOR WOMEN**  
HASTINGS HOUSE, 20B JUDGES COURT ROAD, ALIPORE, KOLKATA-27  
E-mail: principal@sipew.org Website: www.sipew.org Phone and Fax: 033-24796824

Date: 18.3.2021

To  
Mrs. Girija Basu  
Assistant Professor  
Govt. Physical Education College for Women  
Hooghly

**Sub: Appointment as Examiner for the Course PC-102 & 103  
of BPED Sem-1 Exam 2020**

Sir/ Madam,

This is to inform you that you have been nominated as external examiner to evaluate the practical papers of **B.P.Ed Sem-I, Exam-2020 (Course PC-102 & 103: 50+50 Marks)** of Calcutta University through online mode. Total no of students = 30.

In connection with this assignment I hereby send you the syllabus and Award List for your kind action. Please see the attachment.

You are requested to join in Google Meet Link which will be provided by the Internal Examiner (Coordinator) on, 23.3.2021 as per your convenient time.

Thanking You,

With regards,

Sd/-

**Dr. Pintu Sil**

Officer-In-Charge

State Institute of Physical Education for Women  
Hastings House, Kolkata

Copy forwarded for kind information to:

1. **Dr. Karuna Sana, Internal Examiner (Coordinator)**
2. Dr. Uma Datta, Internal Examiner
3. Dr. S. S. Chatterjee, Internal Examiner

ATTES ILL  
*[Signature]*  
08/12/2021  
Principal  
Govt. Phy. Edu. College for Women  
Hooghly





GOVERNMENT OF WEST BENGAL  
**Office of the Principal, Jhargram Raj College**  
JHARGRAM:: 721507

Ref. No. JRC/VU/UG/P-III/2020/PED/1

Dated: 01-10-2020

From: The Principal/ Officer-in-Charge  
Jhargram Raj College  
Jhargram

To  
Smt. Girija Basu  
Assistant Professor  
Department of Physical Education  
Jhargram Raj College

Dear Sir/ Madam,

I like to inform you that you have been appointed as an Examiner (Paper IV), a Scrutineer (Paper IV) and a Head Examiner (Paper IV) in Physical Education (Gen.) for the B.A. Part III Examination (H & G) 2020 under Vidyasagar University.

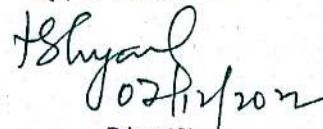
You are requested to note that the result of the examination and the marks awarded to candidates must be kept secret. The authorities desire that this direction should be strictly maintained.


Please inform me whether you accept or decline the appointment immediately due to shortage of time.

Name of the H.E./ Co-ordinator:

Yours sincerely,

ATTESTED

  
Principal  
Govt. Phy. Edu. College for Women  
Hooghly

  
Principal/ Officer-in-Charge  
Jhargram Raj College

OFFICE OF THE PRINCIPAL  
GOVT. OF WEST BENGAL

**STATE INSTITUTE OF PHYSICAL EDUCATION FOR WOMEN**

HASTINGS HOUSE, 20B JUDGES COURT ROAD, ALIPORE, KOLKATA-27

E-mail: principal@sipew.org

Website: www.sipew.org

Phone and Fax: 033-24796824

Memo: 138-A/Exam./2020

Dated: 01.10.2020

To

**Mrs. Girija Basu**

Assistant Professor

Govt. Physical Education College for Women

Hooghly

**Sub: Appointment as External Examiner for BPED Sem-II (Supplementary) Exam-2019**

Sir

It is our great pleasure to inform you that you have been appointed as External Examiner for the **for BPED Sem-II (Supplementary) Exam-2019** of State Institute of Physical Education for Women, Hastings House, Alipore, Kolkata-27 by the Expert Committee of MPED, University of Calcutta in this year. During this pandemic situation to maintain the physical distancing the examination will be conducted through online mode using Video Conferencing meet as per the instruction of Calcutta University and UGC. The link will be sent to you by the college authority on the day of examination. The detail of examination is given below.

- **Date of Examination: 09.10.2020**
- **Time: 12.00 PM**
- **Total No to be examined: 50+ 50=100**
- **Papers to be evaluated: PC-202 and PC-203**
- **No of Students: 01**

Your kind cooperation in this regard is earnestly solicited.

Thanking you

With regards




Dr. P Sil

**Officer in Charge**

State Institute of Physical Education for Women  
Hastings House, Alipore, Kolkata-27

ATTESTED



Principal  
Govt. Phy. Edu. College for Women  
Hooghly

OFFICE OF THE PRINCIPAL  
GOVT. OF WEST BENGAL  
**STATE INSTITUTE OF PHYSICAL EDUCATION FOR WOMEN**

HASTINGS HOUSE, 20B JUDGES COURT ROAD, ALIPORE, KOLKATA-27  
E-mail: principal@sipew.org Website: www.sipew.org Phone and Fax: 033-24796824

Memo: 136/Exam./2020

Dated: 01.10.2020

To  
**Mrs. Girija Basu**  
Assistant Professor  
Govt. Physical Education College for Women  
Hooghly

**Sub: Appointment as Examiner for Practical Examination-2020 of BPED-Semester-4**

Madam,

It is our great pleasure to inform you that you have been appointed as External Examiner for the Practical Examination of BPED-Semester-4 at State Institute of Physical Education for Women, Hastings House, Alipore, Kolkata-27 by the Expert Committee of BPED, University of Calcutta in this year. During this pandemic situation to maintain the physical distancing the examination will be conducted through online mode using Video Conferencing meet as per the instruction of Calcutta University and UGC. The link will be sent to you by the college authority on the day of examination. The detail of examination is given below.

- **Date of Examination: 07.10.2020**
- **Time: 8.00 AM onward**
- **Total No to be examined: 200**
- **Papers to be evaluated: PC-401, PC-402, PC-403 and PC-404**
- **No of Students: 26**


The syllabus is here by attached with this letter for your ready reference.

Your kind cooperation in this regard is earnestly solicited.

Thanking you

With regards

ATTESTED

  
Principal  
Govt. Phy. Edu. College for Women  
Hooghly

Dr. P Sil  
**Officer in Charge**  
State Institute of Physical Education for Women  
Hastings House, Alipore, Kolkata-27





# INTERNATIONAL WEBINAR ON ASPECTS AND PROSPECTS OF HEALTH AND FITNESS DURING AND POST COVID-19 (30 September, 2020)

Organised By IQAC, SHYAMPUR SIDDHESWARI MAHAVIDYALAYA  
In Collaboration with PHYSICAL EDUCATION FOUNDATION OF INDIA (NSPO), WEST BENGAL  
Recognized by MINISTRY OF YOUTH AFFAIRS & SPORTS, GOVERNMENT OF INDIA

## CERTIFICATE OF APPRECIATION



This is to Certify that  
SMT. GIRIJA BASU

College / Institute

Assistant Professor, CPECW, Hooghly, West Bengal, India

for imparting his/her valuable insight and inspiration as a Resource Person/  
Chairperson/Co-Chairperson organised by IQAC, Shyampur Siddheswari Mahavidyalaya.

Dr. Santu Kumar Bose  
Principal,  
Shyampur Siddheswari Mahavidyalaya

Dr. Sudarsan Biswas  
Associate Professor, President - PEFIB Chapter  
II, Secretary Vice Bharati Sports Board

Dr Deba Prasad Sahu  
Associate Professor and Head of the Department, Mahadai  
Gokh College and Secretary PEFIB West Bengal Chapter

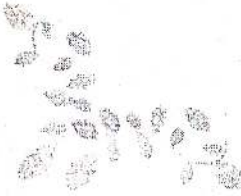
Mr. Tapas Pramanik  
Faculty Dept. of Physical Education,  
Shyampur Siddheswari Mahavidyalaya

ATTESTED

Principal  
Govt. Phy. Edu. College for Women,  
Hooghly

**CERTIFICATE  
OF PARTICIPATION**

This is to certify that Prof. / Dr. / Ms. / Mr. Girija Basu  
has participated in the 7 Days Faculty Development Programme on Research Methodology  
and Statistical Analysis 22<sup>nd</sup> to 28<sup>th</sup> Aug. 2020 organized by Dept. of Physical Education,  
S.N.Sen B.V.P.G. College, Kanpur, U.P. Affiliated to C.S.J.M. University, Kanpur, U.P.  
India in collaboration with PhyEduSports.



*Nisha Agarwal*  
Dr. Nisha Agarwal  
Principal  
S.N.Sen B.V.P.G College, Kanpur U.P  
Chairman

*Pandey*  
Dr. Priti Pandey  
Deptt. of Phy. Edu.  
S.N.Sen B.V.P.G College, Kanpur U.P  
Organizing Secretary

*Meena*  
Dr. Tilak Raj Meena  
G.G.Vishwavidyalaya  
Bilaspur Chhattisgarh  
Co-Organizing Secretary

**ATTESTED**

*Shyama*  
Principal  
Govt. Phy. Edu. College for Women  
Hooghly



**NATIONAL WEBINAR  
ON  
FITNESS, HEALTH AND WELLNESS DURING THE COVID 19 PANDEMIC**

*Organised by*  
**Department of Physical Education, Dr. Meghnad Saha College**  
Ranipur, Itahar, Uttar Dinajpur, West Bengal 733128, INDIA  
www.drmscollege.ac.in

**Certificate of Appreciation**

[Certificate No. DRMS203952]

This is to certify that **DR NAZRUL ISLAM MALLICK** has actively participated in the  
*'National Webinar on Fitness, Health and Wellness during the Covid 19 Pandemic'*  
organised by the Department of Physical Education, Dr. Meghnad Saha College, on 24-07-2020.

This is also to appreciate that the participant has presented a paper entitled  
*obesity One Of The Major Health problem in India*  
which was insightful.

We wish him/her success.

*Mukunda Mishra*  
\_\_\_\_\_  
**Dr. Mukunda Mishra**  
Vice Principal,  
Dr. Meghnad Saha College  
& Chairperson, Organizing Committee

*Alauddin Shaikh*  
\_\_\_\_\_  
**Dr. Alauddin Shaikh**  
Assistant Professor & HOD, Dept. of Physical Education  
Dr. Meghnad Saha College  
& Convener, Organizing Committee

*Subrata Saha*  
07/07/2020  
Principal  
Govt. Phy. Edu. College for Women  
Hooghly  
*Saha*  
\_\_\_\_\_  
**Dr. Subrata Saha**  
Administrator,  
Dr. Meghnad Saha College  
& Patron-in-Chief, Organizing Committee



# KIDDERPORE COLLEGE

## *Certificate Of Participation*

This is certified to **Dr. Nazrul Islam Mallick**, Assistant Professor of **Government Physical Education College For Women, Hooghly** for participating in the National Webinar on *'Managing Human Stress and Boosting Immunity In the Era of COVID-19 Pandemic'* on 19<sup>th</sup> July, 2020.

*Abhijit Ganguly*  
07/07/20  
Principal  
Govt. Phy. Edu. College for Women  
Hooghly

**Dr. Abhijit Ganguly**  
(Principal)

*Sudakshina Sarkar Roy*

**Dr. Sudakshina Sarkar Roy**  
(Patron)

*Dibyendu Roy*

**Dr. Dibyendu Roy**  
(Convenor)

*Teesta Dey*

**Dr. Teesta Dey**  
(Co-convenors)





EFHHAW-0203

# Certificate OF APPRECIATION

THIS CERTIFICATE IS PROUDLY PRESENTED TO

**Dr Nazrul Islam Mallick**

for active participation in the International Webinar on "Exercise for Holistic Health and Wellness" organized by Department of Physical Education, Prabhat Kumar College, Contai, Purba Medinipur, West Bengal- 721404, India held on August 2 and 3, 2020.

Mr. Soumendu Adhikari  
President, Governing Body  
Prabhat Kumar College, Contai

Dr. Amit Kumar De  
Principal  
Prabhat Kumar College, Contai

Dr. Pradipta Panchadhyayee  
Co-ordinator, IQAC  
Associate Professor, Department of Physics  
Prabhat Kumar College, Contai

Dr. Madhu Sudan Hazra, Organizing Secretary  
Assistant Professor & HoD,  
Department of Physical Education  
Prabhat Kumar College, Contai

*tslyan*  
*02/10/20*  
Principal  
Govt. Phy. Edu. College for Women  
Hooghly



## One Day International Webinar on Strengthening of Mental Health through Music and Yoga in COVID 19 Pandemic

Organized by Department of Music in collaboration with Department of Physical Education and Research Cell, Mugberia Gangadhar Mahavidyalaya, Bhupatinagar, Purba Medinipur, West Bengal, India

### Certificate of Participation

This is to certify that Dr Nazrul Islam Mallick of Government Physical Education College For Women, Hooghly has successfully participated in one day International Webinar on Strengthening of Mental Health through Music and Yoga in COVID 19 Pandemic held on 24th August, 2020 from 3.00 pm to 6.00 pm. We wish him/her all the best in future.

Coordinator

Research Cell

Dr. B. C. Samanta

Asso. Prof. in Chemistry

Jt Convener

Dr. B. Garai

Asstt. Prof. in Physical

Education

Convener

Mr. P. Katham

Asstt. Prof. in

Music

Organizing Secretary

Dr. S. Saha

Asstt. Prof. & HOD in

Music

Organizing President

Dr. S. K. Misra

Principal



# YMCA COLLEGE OF PHYSICAL EDUCATION

CHENNAI, TAMILNADU



INDIA

**ONE WEEK - FACULTY DEVELOPMENT PROGRAMME**  
ON

**FUTURISTIC APPROACH AND PROFESSIONAL  
PREPARATION IN PHYSICAL EDUCATION**

**DATE : 27<sup>th</sup> JUNE - 3<sup>rd</sup> JULY 2020**

## CERTIFICATE OF PARTICIPATION

*This certificate is presented to*

**Dr. NAZRUL ISLAM MALLICK**

of

**GOVERNMENT PHYSICAL EDUCATION COLLEGE FOR WOMEN, HOOGHLY**

*has participated in the*

**One Week - Faculty Development Programme on**

**"Futuristic Approach and Professional Preparation in Physical Education"**

*from 27<sup>th</sup> June to 3<sup>rd</sup> July, 2020.*

*Shyama*  
*07/11/2020*

Principal  
Govt. Phy. Edu. College for Women  
Hooghly



**Dr. S. JOHNSON PREMKUMAR**  
ORGANIZING SECRETARY

**Dr. J. JACKSON SUTHARSINGH**  
ORGANIZING SECRETARY

**DR. GEORGE ABRAHAM**  
PRINCIPAL & CONVENOR